

# NEPAL



## IMMERSION EXPERIENCE PROGRAM SAMPLE ITINERARY

### Day 01

Departure from the U.S. and arrival in Kathmandu, and check-in at the guest house.

### Day 02

Participants continue to arrive and get settled at the guest house.

### Day 03

On this day, you'll visit the Pashupinath Temple and Bouddhantah, a world heritage Site.

### Day 04

You will visit the Social Work Institute, to learn about realities in Nepal. Later, you will visit Patan city, a city of fine arts that contains over 1200 Buddhist monuments.

### Day 05

You will travel to Bandipur, meet the Women Cooperative and share lunch with them. You will spend the night with one of the host families.

## Day 06

This day, you will return to Bandipur, and spend a cultural evening with songs and dances.

## Day 07

You'll have a walk to explore a cave and, afterwards, you'll meet with some village members in Bimalnagar and lastly, you will go back to Kathmandu.

## Day 08

You will have the opportunity to see and learn in the IOM (International Organization for Migration).

## Day 09

Join IPM and spend the day at Papa's House: Nepal's Orphans Home.

## Day 10

On this day, you will visit Mitrarta Children's Home and the Swayambhunath temple.

## Day 11

This day, you will visit Mother Teresa's hold home and you will have a meeting with a women's monastery and Fr. Sharkey.

## Day 12

Return to the United States.